

It's time for a little honesty

The first Thanksgiving in 1621 wasn't actually called Thanksgiving. It was a three-day harvest feast held at the end of September or early October. There's uncertainty about whether the Wampanoag men there were invited or unexpected guests.

For sure, no one at the feast thought about making it an annual celebration.

Here are some other myths and truths about Thanksgiving.

Read more: LET'S TALK TURKEY: 5 myths about the Thanksgiving holiday - - Wicked Local - Cape Cod

<http://www.wickedlocal.com/capecod/news/x1945267987/LETS-TALK-TURKEY-5-myths-about-the-Thanksgiving-holiday#ixzz26421tBKt>

MYTH

Pilgrims and natives sat at a long wooden table, joined hands and gave thanks in prayer.

FACT

The harvest feast was more like a country fair, with games and socializing and multiple meals served all over the village.

MYTH

They ate potatoes, apple pie and corn.

FACT

There were no potatoes or apples. The Pilgrims grew Indian corn, but it's unlikely they ate it off the cob. It was ground and used as grain in place of rice or barley. They had pumpkin but not in pie. The gourd was roasted or stewed.

MYTH

Turkey was the main part of the meal.

FACT

Historians say there was some type of wild fowl served, but no one can say whether it was turkey, duck or goose. Venison, a gift from Wampanoag leader Massasoit, was the main protein.

MYTH

Pilgrims dressed all in black. Their shoes and hats sported large buckles.

FACT

Buckles did not come into fashion until much later in the century. While black was a fashionable color for formal occasions among wealthy Europeans in 1621, the Pilgrims wore clothing of brightly colored fabric. So if you're dressing up for the holiday, lose the Pilgrim hat.

"Well, let's remember our Pilgrim buddies were not the first Englishmen in what was to become America. My southern pals always remind me that the FIRST Thanksgiving was held in 1612 on Berkley Plantation, Virginia."